

Supplies Needed:

Box

Sand

Mini Rake

Decorations (Rocks, Plants, Tiny Figures, Really Whatever You'd Like)

Instructions:

1. Decorate your box. Make it represent you. Have fun!
2. Add the sand to your box.
3. Add your rocks, plants, figures.... anything fun, to your sand.
4. When you feel stressed, or just need to relax, take the mini rake and draw designs in your sand.
5. Use your Mini Zen Garden as needed.

